The Triads are the three half hour settlement periods of highest GB demand between 1st November and the end of February. Triads can occur in any settlement period but are separated from each other by a minimum of ten clear days. (See Section 14 of the Connection and Use of System Code.)

Triads are calculated using the latest available settlement data when and are published in March. The run types are Initial Interim (II), Settlement Final (SF), 1st Reconciliation (R1) and 2nd Reconciliation (R2). Subsequent settlement data may change demand but the triads are not re-calculated after publication.